



Contributing Article Writer - 2018

ARISE THROUGH ASCENSION

My Purpose is Distracted

By Angela Blaha

There have been many distractions in the world lately and I have allowed myself to be distracted by each one of them.

Distractions are created by my ego to keep me from my real purpose and I have been giving my power up to the distractions rather than being diligent to myself. This keeps me living in separation, believing that I am not clear about my purpose and how to fulfill my life.

For example, I spent the last week with some truly amazing magnificent creators, their light shone so bright that they could change the world just by being around them. What I noticed within myself was how I was not living according to my light but rather I was allowing the distractions of their light to be my focus. This simple little distraction of their magnificence sent me flying into doubt and lack of my own abilities.

Because I am hyper aware of my own energy I could see, hear and feel myself giving up my own truth to match theirs. I kept telling myself to hold my own power, but I didn't.

This was a conscious choice to give up my energy. I fully understood what was happening, yet I chose to allow it anyway. Why do I allow these pressures? I dug deep into my consciousness to try and understand why I would do such a thing and what I learned was amazing.

I fully gave up my power so I could learn how to hold my power. Yes, I hear you saying this is complicated but let's look at it differently. When we have experiences of transformation sometimes we have to experience both sides of the coin in order to fully understand what we really desire.

I thought I desired to stand in my own power, at least that is what the mind was thinking. But, what I really wanted to experience was to be fully conscious of my choices. When I am around certain people I allow myself to get sucked into their energy, the dramas of life. Being fully conscious and witnessing myself give up my power allowed me to see what was really happening.

Giving up my power showed me how to take it back, it showed me what my thoughts were so I could change them and to be hyper aware of them for the next time I am around people with similar energies. I started to feel less than, then I noticed that was a false belief, rather what I really felt was a super form of joy.

It also showed me how to hold my own energy even in the strongest and most enticing energies, because without this awareness I would falter again and again. Having to experience the same pattern until I finally understood myself at a deeper level. I found that it was super easy to hold my energy when I was fully conscious about what was happening.

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