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ARISE THROUGH ASCENSION

Self-worth: A Spiritual Reality

By Angela Blaha

Your self-worth does not increase or decrease with what you accumulate. Self-worth is strictly an attribute based on your awareness of your spirit - your soul. Self-worth is your personal responsibility because it is an inward attribute and cannot be compared to anything outside of you. No one compares to you and your self-worth is based solely on your awareness of who you are, not as a human being but as a soul being.

In the past we have been taught to compare ourselves to one another and to reach goals set by those standards of comparison. What if the entire belief system is wrong?

What if we have been comparing for no reason and that this kind of comparison has set us up to fail? If self-worth is truly a spiritual reality and looking inward is the only way to access it, then why would we take the opposite avenue creating a victim consciousness based on someone else's accumulated worth? Comparison only creates fear, fear of not being good enough, fear of not having enough, fear of being alone, the list is endless. No wonder so many humans struggle with self-worth.

So, how does one create a self-worth? We create self-worth by being aware of what you believe in. You're the only one that can put meaning to what your experience is here and so you hold the power to create self-worth.

Stop comparing yourself to anyone or anything else. The experience you choose either creates self-worth or take away from your worth based on your beliefs and perspective. When you compare yourself, you are taking on the perception of the comparison rather than what the experience is teaching you.

There is great worth when we look inward because what we find on our inward path is our magnificence. Our worth is based on our essence, love and magnitude of our spiritual self and how we can incorporate our soulself into our daily human life. This is how worth is created.

By being responsible for the choices we make, creating the life we desire and deserve we feel grateful and appreciate the work we put into manifesting this life. Responsibility of being a human is what creates self-worth and acknowledging the soulself as the co-creator should be the determining factors of the meaning we have towards this life.

Awareness is the root for empowering yourself to be the responsible creator of your self-worth. Awareness of beliefs and how they determine who you are. Awareness of emotions and if you understand them and how to use them. Awareness of your thoughts and what thoughts you align with all determine and create your worth. Those aspects are never found outside of you but are always found within you.

In our chaotic world today there is no greater benefit than to turn inward, align with your magnificence and together we can change the world with our worth.

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